

Health care for a loved one who is over 65 or living with disability doesn't have to be hard.

If you find that you are overwhelmed by the system or confused about what comes next, we are here to walk you through the process in plain terms.



If you need answers or can use help developing your plan, you will need someone who knows how to trouble shoot and navigate the system. If your goal is to protect your independence ...

We know how to get you there!

Many patients are just one more fall away from losing the lifestyle they want to protect.

We can help by connecting them to resources that allow patients to stay at home:

- Adult day programs
- Live-in caregivers
- Private pay aides
- Emergency response system

If home care is not an option MSW can assist with linkage to:

- PRI
- Adult homes
- Assisted Living
- Skilled Nursing Facilities
- Sub-Acute Rehab



**Contact us for
your initial assessment today!**

518.414.0760
vnaalbany.org



Announcing Medical Social Work (MSW) Amenities Program



Feeling overwhelmed and isolated because of a lack knowledge and support?

We can show you how to get to your goal of protecting your independence.

We go beyond our standard services at VNA

(518) 414-0760

Are you sandwiched between caring for two generations of family members?



For a flat hourly fee, you can have access to one-on-one medical social work attention to help you build a support system right from the comfort of your own home.

This includes

- Referrals to specialty organizations
- Patient and Family Education
- Direct assistance to access services
- Veteran resources
- Long Term Care insurance
- Advanced directive planning

Referrals to specialty organizations

- Substance Abuse Services
- ALS or MS groups
- Alzheimer's or Parkinson's support organizations
- Cancer Society
- Housing options
- Transportation services



Patient and family education

- Resources under the Medicaid program
- Long Term Care living options
- Overview of asset protection and elder lawyer referral
- Prescription coverage subsidies
- Advocacy during inpatient stays

Direct assistance to access services

- Medicaid application completion
- Medicaid spend down process
- Establish a special needs trust



Veteran resources

- Veteran application completion
- Prescription benefits
- Transportation

Long Term Care Insurance

- Overview discussion
- Benefit access

Advanced directive planning

- Health Care Proxy
- Power of Attorney
- Living Wills
- MOLST